

## Grade 1 Pre-site Activity

# Plant Salad

Meet the plant parts: leaves, stems, flowers, fruits, and roots, and we eat them all!

**Objective:** Students will investigate plant parts and understand that people use all the plant parts for food.

**Core:** Standard III, Objective 1 a,c,d

**Getting Ready:** Copy and cut out the vegetables and salad bowl.

### Doing the Activity

1. Display the picture of the plant and talk about all the parts of a plant (stem, flowers, fruits, leaves, and roots).

2. Tell the children that you are going to make a salad out of plant parts. Display the salad bowl on board.

3. Hold up one of the vegetables and have them guess which part of the plant the vegetable is. Discuss the job that plant part has and place the vegetable in the salad bowl. Continue until you have discussed each vegetable.

**Carrot** - is a root. Roots take up water and nutrients. Thick roots like a carrot also store energy for the plant.

**Tomato** - is a fruit. Like all fruits, tomatoes have seeds.

**Broccoli** - is a flower. Flowers are the male and female parts of the plant that make seeds. If you leave broccoli in the garden, you will get broccoli seeds.

**Asparagus** - are stems. Stems connect the roots to the leaves. Stems are full of tiny "straws" that carry liquids up and down.

**Lettuce** - are leaves. Leaves are the green "energy factories" that make sugar from sunlight and simple chemicals

4. For an enrichment activity have them build a salad using real vegetables.

